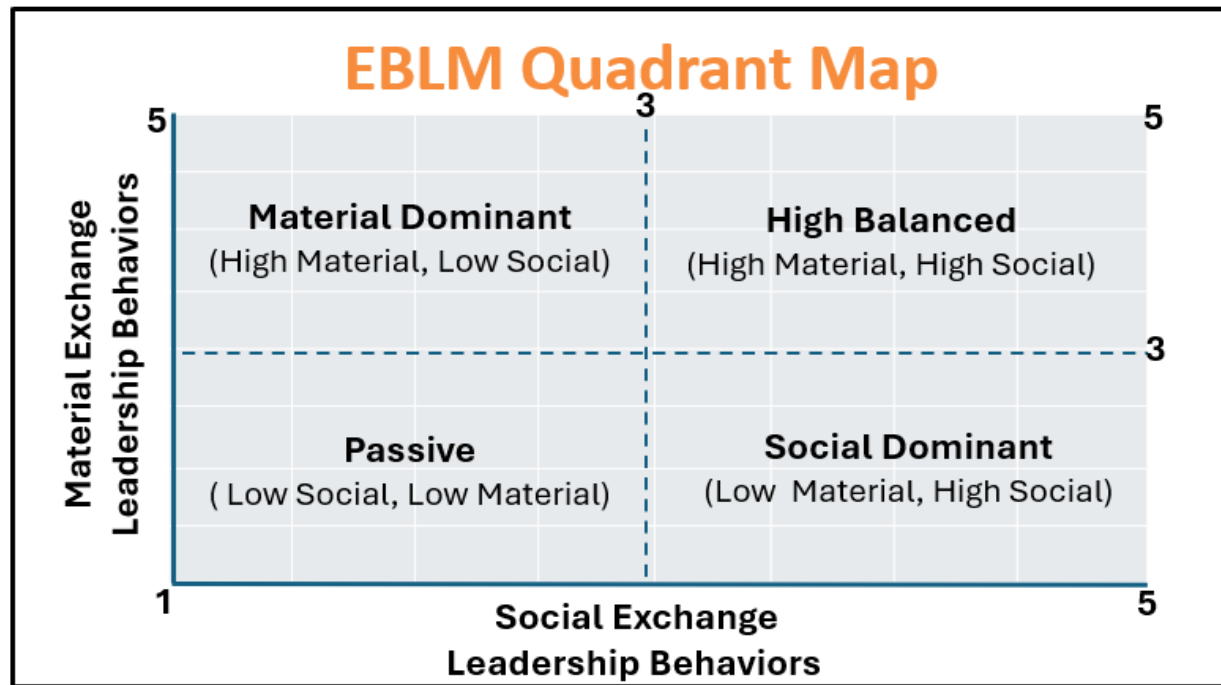


(B)



**Instructions for Calculating and Plotting your current use of Exchange Behaviors.**

1. Complete the EBLM Questionnaire.
2. Calculate the average for both the Material Exchange and Social Exchange Axis.  
ME Average Score:  
SE Average Score:
3. Locate the ME Score (1 – 5) along the Material Exchange Vertical Axis.
4. Locate the ME Average (5 – 5) along the Social Exchange Horizontal Axis.
5. Locate the intersection of those two scores within the matrix.

## EBLM Quadrant Map

